



Dear Parents and Caregivers,

We're excited to share that your child will be part of the Two@aTime Project—a fun, in-class 6-week program that helps students build face-to-face communication skills like listening, asking great questions, showing appreciation, empathy, and finding common ground with others.

Our mission is to help youth and families find a healthy balance between screen time and face-to-face connection—making human interaction a meaningful part of everyday life.

In a world where screen time is increasing for all ages, taking time for real, face-to-face connection is more important than ever—for emotional well-being, healthy relationships, and strong family bonds.

We invite you to visit Two@aTime.com to learn more and enjoy free access to our Parent & Family Resource—filled with simple, meaningful tips that make it easy to practice these skills together at home during drive time, dinnertime, and bedtime.

We're honored to support your family—one conversation at a time.

Warmly,
The Two@aTime Team